

What's Up?

at Cuba
 High
 School



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 cents

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**What's
 Up?**

Credits

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Getting to know Ms. Langdale



Ms. Langdale (Janice Langdale) is known as the librarian of Cuba High School. She was born in Chicago, Illinois on June 1. She went to high school at Hansdale High School in Hansdale, Illinois. She got her Bachelors degree in English at Hanover College, Indiana. She got her Masters degree in library science at the University of North Texas. She also got her masters degree in education at the University of Texas Permian Basin.

She started working at CHS in the year of 2004. Before she came to CHS she worked at an adult literacy program in Midland, Texas. She also worked in Albuquerque at Valley High School as an English teacher. This year.



Valley High School, where Ms. Langdale taught English, before joining the CHS faculty.

Ms. Langdale is not only the librarian at CHS, but works as the Honors English II teacher. She is also supposed to teach the Honor English III class sometimes this week or the next.

Other than her life at school she has two daughters. Morgan the older daughter is an estimator. She estimates the money needed for hospitals. They use millions of dollars each year. The younger daughter's name is Whitney. Although she is married but she has no children. Which They are both working in the air force. Also are in South America right now and monitor drug activities in South America. They are also in air battle manage-



Hanover College in Indiana, where Ms. Langdale studied English.

National Honors Society



NHS is more than just making a 3.3 or better GPA. Since 1921 it has been an organization that serves and honors students who demonstrate excellence in the areas of Scholarship, Leadership, Service and Character. Students

in National Honor Society do community service activities such as the CHS blood drive, and annual Thanksgiving food drive. Students raise money selling carnations and roses on Valentine's Day. Students who want to be in Honor Society have to be sophomores and must maintain a 3.3 (GPA). A student who does and

blows their 3.3 (GPA) will be placed on probation and if the student does not maintain a 3.3 (GPA) they will no longer be able to stay in National Honor Society and may never be able to join again. In the National Honor Society they offer the students that are able to stay until their senior year to earn scholarships

Dine' Club Baahane'



Dine Club sponsor, Mrs. Lee, with executive board. (From left: Alex Toledo, Chandi Toledo, Misty Toledo, Erica Sala, Dexter Thomas, and Lovenia Cayaditto)

The CHS Dine Club is the most exciting club for the students that did join the Dine Club. The Dine Club consists of over 75 members and counting. The Dine Club even has its very own council members which include President Misty Toledo, Vice President Dexter Thomas, Secretary Lovenia Cayaditto, Treasurer Erica Sala, and the Representatives Alex Toledo and Chandi Toledo. The purpose of the club is so that Native

Americans Students might take a role in the school and also represent the school. Dine Club also has its royals-Dine Club princess Gabrielle Sandoval and Dine Club Prince Zechariah Montoya, and of course the dedicated sponsor Mrs. Matilda Lee. Each year the Club Royals are selected at the annual pageant to repre-

sent CHS in social events and parades all over the nation. So the Dine Club main purpose is that Native Students mean something to the school and as always any ethnicity of students are welcome to join the Dine Club.

Note that there will be more about the Dine Club in the newspaper in later issues.

The Dine Club has 75 members this year and we're still counting. The picture to the right shows the members that were able attend the meeting that day.



Shout Outs/ Announcements

*Happy belated Birthday Hiesee!!
Your bro Ryan Walters*

To: Josã
Loozer... Bleã Bleã Bleã
From: Lovenia

You better stay out of trouble Felicia Olivas and listen to your teachers Mr. Tsosie

For all those who didn't go to the volleyball game, we missed your support. Mr. Rippa

Happy Birthday Deidrea and Dexter Nez!

The New Mexico High School Competency examination will be offered to seniors and former senior students (13-those who did not pass the competency their senior year) on October 2 and 3 in room #220 at Cuba High School. The schedule is as follows:

In addition to having a class to prepare senior students who will be taking the examination, study packets have also been distributed to students to assist them in studying for the test

Please call the high school, 289-3211, if you have any questions or concerns. Thank you

The Yearbook class will be conducting a drawing contest for the yearbook logo all drawings will be due by December 1st. The winner receives a free yearbook. Yearbook photo set-ups will be October 24th

Schedule

Date	TESTS	LOCATION
October 2:	TESTS	HS Room 220
9:00 a.m.	Reading	HS Room 220
10:30 a.m.	Language Arts (Followed by Composition)	HS Room 220
12:30 p.m.	Math	HS Room 220

Date	TESTS	LOCATION
October 3:	TESTS	HS Room 220
9:00 a.m.	Science	HS Room 220
10:30 a.m.	Social Studies	HS Room 220
12:30 p.m.	Make-Up	HS Room 220

CUBA SCHOOLS WELLNESS CENTE

OPEN Wednesday's and Thursday's

8:30am-3:30pm

All Services at the wellness center are fre

School Breakfast Menu

September-07	HIGHSCHOOL	BREAKFAST	19 days	
MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY 21
French Toast	Egg & Cheese	Sausage & Cheese	Ham & Cheese	Assorted
w/syrup	On croissant	Biscuit	On Bun	Muffins
OR	OR	OR	OR	OR
Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27	FRIDAY 28
Bacon & Egg	Ham & Cheese	Breakfast Pizza	Egg & Cheese	Assorted
Breakfast Burrito	On English Muffin	w/sausage & Gravy	On croissant	Muffins
OR	OR	OR	OR	OR
Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast	Cereal & Toast
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
Meals subject to change		ALL MEALS SERVED WITH MILK		



School Lunch Menu

September - 07	HIGHSCHOOL	BREAKFAST	10 days	
Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Breaded chicken sandwich	Green Chili Enchiladas	Chicken Nuggets w/ roll	Lasagna w/ roll	Hamburger w/ pickles
wedged potatoes w/ketchup	corn	fries w/ ketchup	tossed salad	tots w/ ketchup
lettuce & tomatoes	lettuce & tomatoes	green beans	mixed vegetables	lettuce & tomatoes
orange	pears	apple	mixed fruit	peaches
or chef salad	or chef salad	or chef salad	or chef salad	or chef salad
Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Taco salad	Chicken Fajitas	Pizza	Red Chili Enchiladas	Ham Sandwich
lettuce & tomatoes	lettuce & tomatoes	tossed salad	lettuce & tomatoes	lettuce & tomatoes
refried beans	pinto beans	green beans	corn	tots w/ ketchup
apple sauce	peaches	mixed fruit	pears	apple
or chef salad	or chef salad	or chef salad	or chef salad	or chef salad
Meals subject to change		ALL MEALS SERVED W/ MILK		



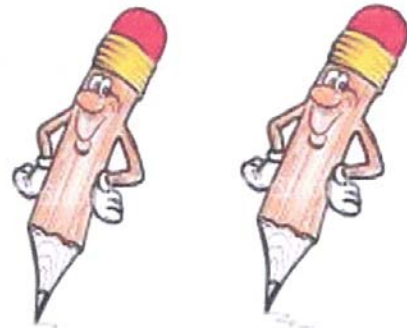


SPORTS



On the way to play McCurdy . We had our receiver Kyle Sandoval showing lots of ram spirit. KEEP UP THE SPIRIT, KYLE!!

The Rams Football team played their first game against McCurdy High. They showed lots of team work and put up a pretty good game. Unfortunately we lost 7-27.

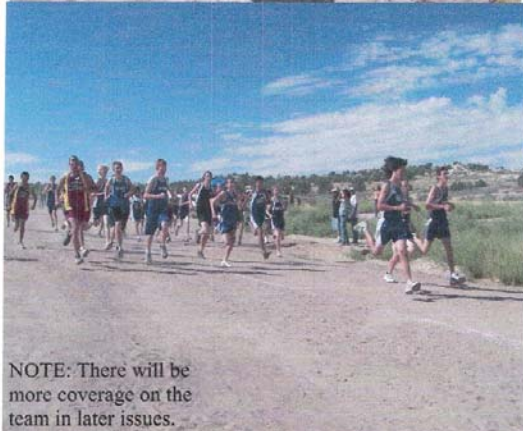


**If You Ever Need
A Pencil And
Have A Quarter,
See Mr. Hoskins**





Cross Country @ Aztec



NOTE: There will be more coverage on the team in later issues.

The Cuba High School Cross Country Team was at Aztec this past Saturday on September 15. All the runners were excited about the meet and Mr. Marino the head coach was also very excited about the team. He made the team practice hard and prepare them for such a meet. The team made quite a performance at Aztec. They were surprised that they made Cuba High School a success in running.

SUPPORT OUR RUNNING TEAM!!!



Word Puzzles / Unscramble the words

Find and circle all of the School words that are hidden in the grid. The words may be hidden in any direction.

N	D	Y	R	A	T	E	R	C	E	S	R	M	R	A	Y
S	U	K	C	Y	D	N	Y	S	U	N	O	L	C	C	R
H	D	R	Y	B	A	N	A	C	O	O	C	A	A	J	A
M	S	I	S	G	E	W	O	H	R	T	T	P	A	E	R
P	O	R	N	E	Y	R	L	S	O	U	R	I	R	A	B
D	S	O	K	C	T	M	S	L	E	B	C	C	A	H	I
U	C	A	R	A	I	A	N	D	A	H	I	N	L	R	L
I	H	T	C	H	L	N	Y	A	A	H	R	I	T	E	S
T	O	E	T	C	C	E	E	L	S	A	N	R	I	T	O
L	O	A	I	S	N	N	K	R	E	I	E	P	U	R	A
N	L	C	L	E	I	B	U	R	A	K	U	D	R	L	T
E	Y	H	C	L	O	C	K	L	C	T	E	M	C	A	D
K	A	E	U	A	I	S	I	O	S	N	O	S	K	S	E
O	R	R	R	S	A	L	O	T	N	T	R	I	E	S	
U	D	D	E	T	E	N	T	I	O	N	I	M	A	N	K
C	H	I	N	I	L	R	R	O	T	I	N	A	J	Y	N

CHALK-BOARD
CLASSROOM
CLOCK
DESK
DETENTION
GYMNASIUM

HALLWAY
INCINERATOR
JANITOR
LIBRARY
LOCKER
LUNCHROOM

NURSE
PRINCIPAL
SCHOOL-YARD
SECRETARY
STUDENT
TEACHER

1	arrees	
2	piclen	
3	nspe	
4	odrlf	
5	bpakcack	
6	hamt	
7	ccsien	
8	gshien	
9	sotyrih	
10	larohbakcd	

Horoscope

Capricorn -This is a good day for a spontaneous and exciting trip with a partner. Or perhaps you need to send a loving message to someone you feel affection for. Sort something out in connection with education.

Aquarius- You are inspired by your work and may even get money from an unexpected source. Positive surprises turn up when you least expect them. A partner proves to be a great help.

Pisces- Children and creative projects put you in a good mood. Today's plans succeed beyond expectation. There is an urge to be spontaneous – a romantic surprise perhaps.

Aries- Expect a nice day both at work and at home. You manage to get your message across and win hearts and minds. There is a positive surprise waiting for you at home.

Cancer- The moon in your sign gives good connections and promises a harmonious day. Matters connected with family, travel and education are on the cards. There is good news and it all works out.

Taurus- A very constructive day on all fronts. Conversation flows. People are focused on lasting solutions and work well together. Expect some news from good friends.

Gemini- You can earn money from original and inventive ideas. It is worth thinking outside the box – you'll find you have the money for it. A nice day for a good dinner.

Leo- The day brings a relaxed and pleasant atmosphere. You may feel the need to reflect on things and create some order. Worries disappear and tasks are accomplished.

Virgo- Being with friends works out well – finally there is time to talk. The atmosphere in a group is cozy and warm. Fun and surprises are on the agenda. Good for dinner with a special someone.

Libra- Being with friends works out well – finally there is time to talk. The atmosphere in a group is cozy and warm. Fun and surprises are on the agenda. Good for dinner with a special someone.

Scorpio- Expect a cozy day together with friends and those you feel close to. There is a desire for adventure and cultural experiences. A great day to go to town with someone.

Sagittarius- Expect a cozy day together with friends and those you feel close to. There is a desire for adventure and cultural experiences. A great day to go to town with someone.